MEET RAMESH

After Ramesh retired as a University of Washington mathematics professor, he had a strong desire to stay active and do something for his community.

His late wife and veteran volunteer driver, Shanta, encouraged him to join the Volunteer Transportation program as the schedule was flexible and it allowed him the opportunity to make personal connections with his community. It was a perfect fit for an engaging, retired educator like Ramesh.

As a volunteer driver, Ramesh and others like him provide free rides for older adults, age 60 plus, that need help getting to and from essential healthcare appointments. Ramesh takes time to get to know the clients he drives, and provides an opportunity for them to have companionship to and from their doctor appointment. Drivers like Ramesh and Shanta turn what could be a stressful visit to a clinic into an invaluable opportunity for compassionate listening.

To be listened to, to truly be heard, can be a transformative experience for riders who may not have family members around to be that sounding board that’s so essential for emotional and physical wellbeing. “People are not connecting,” he says, “isolation is a huge problem and can cause severe health issues.”

Ramesh shared a story about his wife Shanta, who had a new client that moved to be closer to her son. However, moving closer to her busy son left her familiar friends behind and she began to feel isolated and painfully alone.
LETTER FROM THE CEO, JIM WIGFALL

April is National Volunteer Month, where we show our appreciation, and I would like to salute our volunteers! It’s in times like this, when we’re able to reaffirm the importance of community and the volunteers that have assisted in making a difference in the lives of many.

While our nation has not always been swift in its response to COVID-19, and we as individuals have been uncertain about our futures, one thing I can say is, the power of our volunteers supporting our community hasn’t been stronger and more present. This crisis has shown us that together, we are more effective.

COVID-19 has presented some disruption to some of our programs and services, however, we are committed to meeting the needs of the high-risk, vulnerable population we serve in the face of the emerging COVID-19 challenges, and in some cases, we’ve had to pivot. For example, instead of having people come to 21 different sites to enjoy a hot nutritious lunch, our volunteers are helping us deliver these meals to even more people. Our phones and inboxes have been inundated with volunteers wanting to know how they can ensure the basic needs of older adults are met.

Our volunteers make it possible, and our experience of more than 50 years of dedicated service enables us to “respond” to the needs of our aging neighbors better than most. COVID-19 has dramatically highlighted what we see happening to older adults every day. With your support, we will continue to serve them now and in the future. Let’s keep taking care of each other, because regardless of what happens with COVID-19, our aging neighbors need us now more than ever. Together we can make a difference. Please donate or provide in-kind goods today!

Warm regards,

Jim Wigfall
CEO, Sound Generations
This not uncommon scenario motivated Shanta to introduce the woman to her friend group and plug her into their community. This story demonstrates the power of bringing generous and perceptive volunteers together with our older adults in need. These small, but kind actions are yielding immeasurably positive results—everyday.

Sound Generations is thankful for volunteers like Shanta and Ramesh. They and all our volunteers are the heart of this organization, and we would not be able to function without them.

"Working with volunteers is such a blessing. Each day I am strengthened by the dedication our volunteers show in how they tackle each ride assignment. They don’t just complete the ride, but they do it with compassion, friendliness, and humor. They are the backbone to our program and what keeps me coming back after more than 21 years of working with them."

- Donald Benedict, Lead Transportation Coordinator

On behalf of all our diverse clients in need, we sincerely thank all of our tireless volunteers, who together with the Sound Generations staff, lead with their hearts to give from their hands and minds.

_In Loving Memory of Shanta. Thank you for your 22 years of kind and compassionate volunteer service._
Join us for our Older Americans Month Challenge!

Text “SGOAM” to “41444”

Thanks to Dwayne J. Clark of Aegis Living and the Clark Family Foundation for providing a $50,000 challenge fund. Our Older American’s Month Campaign Challenge will be going from April 1 to May 31. All donations of $100 or more will receive dollar-for-dollar matching gifts.

Help us reach our fundraising goal by saying YES to Older Americans Month! End hunger, social isolation, and loneliness for our aging King County neighbors TODAY!

REQUEST YOUR RAFFLE TICKETS ONLINE

Washington State Gambling Commission prohibits us from selling raffle tickets online and over the phone. Once you submit your request, we will get in contact with you regarding how you’d like to receive and pay for your raffle tickets. The winners will be announced and notified on June 10, 2020.

1 for $25 | 3 for $60 | 5 for $75 | 10 for $100 |
Join Our Virtual LunchIN Celebration
Be a part of the largest celebration of positive aging!

Join our virtual community table or create your own and invite your friends at https://bit.ly/SGLunchIn

Nominate an inspiring older adult by May 8, 2020 at bit.ly/IPAANominations2020

For more information on the event or awards, contact Raven Davis at ravend@soundgenerations.org I 206.727.6208

Award recipients will be announced on live broadcast on June 10, 2020 at noon.

This year’s emcee, Monique Ming Laven of KIRO 7

ADVOCACY & ACTIVISM
COMMUNITY SERVICE
DEFINING INSPIRATION
HEALTH & WELLNESS
LIFELONG LEARNING
INTERGENERATIONAL IMPACT

I want to join the virtual community table! Please accept my gift of $________________
Dear Friends,

As we reflect back on the past year, we are extremely thankful for our community of individuals, companies, foundations, and community organizations that have joined us on this journey we call positive aging. We have managed to create a coordinated and integrated continuum of assistance that allows all to embrace aging in a way they can, not only, easily navigate but, one they can share, manage, and enjoy with care and support along the way.

“Ageing is not lost youth but a new stage of opportunity and strength.”
- Betty Friedan

The challenges and accomplishments of 2019 for our programs have given us cause to celebrate our resilience, commitment, inclusion, and innovation. Working against ageism comes with many complexities when trying to ensure all voices are present, all needs are met, and all perspectives heard. Every day we are improving and growing operations in a way that allows our clients to feel included, respected, and cared for. Rather than merely exist, our engagement in community collaborations have enabled one of the most vulnerable populations to live with vitality and a sense of purpose. Together we have expanded the resources available for aging adults and disabled persons across King County.

We are grateful for your determination to support older adults on their aging journey through community connections and accessible services. We are stronger and we are more equipped to keep doing this work for many years to come. Our amazing staff and volunteers’ work wouldn’t be possible without your continued support. You play a major role in our success and are the biggest reason we have existed for over 53 years.

We hope you enjoy reading about all the ways in which we are doing our part to make the larger community healthier, safer, and more equitable for older adults and disabled persons across King County.

All the best,

Brittany Blue
Chief Marketing & Philanthropy Officer

Paul Sivesind
Chair, Board of Directors
NOURISH DELI
TOGETHER
CONNECT STRENGTH
As the aging population grows exponentially in King County, we see more older adults suffering from hunger and isolation. In 2019, Sound Generations served 577,977 meals to 6,223 individuals through the Meals on Wheels Program and 20 Community Dining Program sites—where one can enjoy a nutritious meal with peers for a minimal suggested donation.

For our very appreciative Meals on Wheels clients, delivery of these nourishing meals to their doorstep provides a personal point of contact. 72% of our clients live alone, so we provide “more than just a meal”—whether it’s a wellness check by a Sound Generations assessor or a warm smile from one of our dedicated volunteers. These services significantly impact our client’s wellbeing by reducing depression, anxiety, and feelings of isolation.

Senior centers are offering to-go and delivery meals during Washington’s stay-at-home order! Contact your local senior center for more information.
MEET PRISCILLA

Priscilla is small in stature, and that’s about where it ends. Her larger than life personality and joyous spirit immediately draws you in. As a single mother of four, educator, foster grandmother, and community volunteer, Priscilla has dedicated her life to nurturing others. After living with diabetes, suffering a neck injury, and then a stroke years later, Priscilla now found herself needing some help. She called Sound Generations’ Meals on Wheels and never looked back—receiving weekly frozen entrees that are easy to prepare and an assortment of fresh fruits and vegetables (she makes a delicious leek soup).

The aftermath of suffering a stroke causes, at times, disorientation in her mind. She is extremely grateful for the same friendly Meals on Wheels representative calling her at the same time each week, jogging her memory about the meals she enjoys—like the flaky lemon pepper fish that fits well in her diabetes meal plan.

Meals on Wheels doesn’t just deliver well-balanced meals, they provide frequent in-home visits that are unique opportunities to provide personable care. Whether addressing potential safety hazards in the home or making a referral to Sound Generations’ Volunteer Transportation program, communication between the Meals on Wheels driver and client is personalized, and the help is specific to one’s needs.

Priscilla adores her driver, Corey, and looks forward to seeing him every Friday morning. “He makes me smile and feel valuable”, she says when he asks how her grandkids are doing. She also loves to laugh when he gives her amusing updates about how the chickens, which he occasionally cares for, are doing. Who knew chickens were so quirky and dramatic!

For someone like Priscilla, the chance to relish in a personal conversation while receiving her weekly meals, allows her spirit to thrive as well as her body.
Sound Generations’ 11 programs, 5 affiliated senior centers, and numerous community partner sites are all around you. We are the Hyde Shuttle you see driving through the Central District. Did you spot the Sno-Valley Senior Center socializing among the tulips on a day trip to La Conner? That’s us, too.

Across King County, Sound Generations is providing community connections and accessible services to more and more of aging adults—especially those who are low income or from underserved and marginalized communities. By embedding ourselves within the community and continually assessing the needs of those we serve through an equity lens, we increased our reach to low income older adults by 27% in 2019.

We recently refreshed our website! Visit us at soundgenerations.org to discover how we can help and find a program or senior center near you.
Sound Generations is the largest provider of comprehensive services for older adults and disabled persons in King County—serving almost 54,000 individuals in 2019. While our focus is providing direct services to older adults in our community, Sound Generations is also an active member of the Washington State Senior Citizens’ Lobby, committed to enhancing older adults’ quality of life across Washington through education and legislation.

In 2019, Washington State Senior Citizens’ Lobby helped pass the Long-Term Care Trust Act, the country’s first social-insurance program to pay for long-term care. This groundbreaking legislation will provide state residents who have paid into the fund for ten years—three years if they experience a catastrophic disabling event—up to $100 per day with a lifetime cap of $36,500 when they need help with daily activities such as eating, bathing, or dressing.

The long-term care fund will bring relief to thousands of disabled adults, older adults, and their loved ones who often times bear the financial and emotional burden of being the sole caretaker for their family member. Sound Generations is proud to advocate for those who need and deserve supplementary assistance to help with the basic tasks of living.
We are committed to serving all people, no matter one’s gender, race, age, or income.

- Male: 10,411
- Female: 31,150
- Transgender: 19
- Unknown: 12,362

3,609 Aged under 60
19,017 Aged 60-74
12,106 Aged 75-84
5,328 Aged 85+
13,882 Age unknown

67% Caucasian
34% Persons of Color
11.7% Asian/Pacific Islander
13% African American
4.3% Hispanic/Latino
11.7% Native American
13% Other/Multi-Racial
4.3% Unknown
Sound Generations’ Hyde Shuttle and Volunteer Transportation Programs go beyond providing our older adult neighbors with transportation to medical appointments and essential errands. We encourage our riders to socialize with welcoming shuttle operators and volunteer drivers, while connecting them with friends at a variety of local gathering places. Together, these programs served 4,967 individuals in 2019 who rely on Sound Generations to provide safe and personalized transportation.

Through a partnership with King County Metro, the Washington State Department of Transportation and Aging and Disability Services, Hyde Shuttle now operates 38 vans across King County and runs 40+ routes —15 of which are devoted to transporting riders to nutrition sites with a focus on immigrant and refugee populations.

We want YOU to become a volunteer driver! If you are interested in learning more or want to sign up, call 206.748.7588
“I had felt so much of a burden already when I had first needed to contact [Sound Generations] for transportation... [but the volunteer] was so very kind, caring and concerned about me, my comfort, and time. His gracious attitude eased my concerns; he is a joyful giver. I felt completely comfortable, and it was so easy to have an enjoyable conversation with him. The driving time flew by... I’m so grateful.... Thank you!”

- Jill F.
Sound Generations’ Health and Wellness Department is proudly focused on improving health outcomes for diverse adult populations.

We offer evidence-based health self-management programs to help older adults increase physical activity, manage fear of falling, minimize arthritis pain, and decrease depression. While all of our services are available throughout King County, our Project Enhance® programs and data management services are also offered nationwide reaching 852 locations in 43 states in 2019.

Less than 16% of older Americans get at least 2.5 hours of moderate exercise each week. We suggest making a personal goal to walk at least 30 minutes or more per day. Your health is your wealth!
Navigating the new challenges and paperwork that come with aging can be confusing and overwhelming for any older adult. This is why Sound Generations is here for those in need. We provide information and referrals to direct services and personal counseling.

In 2019, the Pathways Information and Assistance Team took 15,307 information calls and logged 2,447 assistance cases with some cases having multiple units of service. Pathways takes great pride to ensure each caller feels heard and receives the help they need—whether that means empowering a client to utilize their legal rights with the help of Senior Rights Assistance (SRA) or connecting an unpaid caregiver to our team of dedicated caregiver advocates.

Pathways I&A acts as the gateway to a powerful array of essential services: Sound Generations’ Minor Home Repair, Caregiver Support, Statewide Health Insurance Benefits Advisors (SHIBA), as well as SRA legal programs.

Cut out the last page and put it on your fridge for easy access to our programs' contact info!
The mission of Sound Generations directs us to support people on their aging journey through community connections and accessible services. We are committed to building a team of staff, board members and volunteers who are culturally responsive and committed to equity and inclusion. Our services should be culturally accessible and relevant to individuals of diverse backgrounds and recognized as such by our local communities. Providing services that do not take into account the cultural needs and resources of our clients can result in services that are not desirable, accessible, or comfortable to navigate.

In 2017, fourteen Sound Generations (SG) employees across several departments converged to become members of the Equity and Inclusion (EI) Workgroup. The goal of this group was to examine Sound Generations’ overall cultural responsiveness using the Protocol for Culturally Responsive Organizations. The tool facilitated the organization gathering a holistic picture of their policies and practices around cultural responsiveness and racial equity. This process was not about being right or wrong – it was and is about gathering facts, evidence, and insights to drive organizational efforts for change.

Today, an Equity and Inclusion Committee comprised of two liaisons within each department of the organization that steward the progression of our work plan and the organization’s continuous improvements (Fig. 2) in its development of a shared understanding, identifying process improvements, and constructing easily understood common language which connects us to the work we do and is rooted in our organization’s unique assets. The road (Fig. 1) that culminates where we are today was not an easily navigated road but, necessary for an organization that truly desires to shift norms and have equitable and inclusive processes and practices.
Diversity, equity, and inclusion have long been priorities at Sound Generations. Trainings, workshops, and Affinity Groups have been offerings for staff for many years, and we have never lost sight of the founding visionaries who blessed our organization with the foundation which supports the work we collectively do today grounded in sound decision making (Fig. 3).

Sound Generations supports thousands of clients every day. The highest goal of each department is to improve their workflow by including a culturally responsive equity component into their service provision. Providing services in this way requires us to listen to and understand the needs of those we serve, and to do our listening from a place of humility, willingness to learn, and commitment to accommodating and affirming diverse identities and abilities.
SNAPSHOTS IN FEEDING UNDERSERVED COMMUNITIES

Ideals Become Practice

One of the most fundamental human needs is a reliable source of food. All of us have strong cultural ties to the food we prepare for ourselves and our families, and those who need food prepared by others deserve to be not simply nourished in their bodies but to feel nourished by the experience of being fed. To this end, a number of departments tackled goals in 2019 that put healthy, culturally relevant meals on the tables of older adults from underserved backgrounds.

Community Dining worked hard in 2019 to extend and adapt services to underserved communities. In addition to increasing their meals served to the Ethiopian, East African, Tongan, Cambodian, and Samoan communities, Community Dining had their policies, forms, and signage for meal sites translated into Spanish, Amharic, Lao, Vietnamese, Samoan, Tagalog, and Tongan so clients with limited English can access program information and fill out forms independently. One of their many successes was in outreach and service to the Ethiopian community – Community Dining aimed to serve 2200 meals to this population in 2019 and far surpassed themselves, serving over 3500 meals to Ethiopian elders in King County.

Community Dining and the Lake City/Northgate Senior Center Project (LCNSCP) continued collaborating to bring both meals and wellness services to East African community members. Community Dining provided over 2200 meals in partnership with the LCNSCP’s East African Food & Fitness program, an increase over their 2018 baseline of 1000 meals. The project hired a Program Coordinator from within the community to ensure appropriate, responsive programming and services. Healthy meals and bodies are now connected. In addition to creating opportunities for physical games and activities at the meal site, the program introduced screenings to help community members monitor their blood pressure, glucose, and cholesterol.

Providing food in a culturally appropriate way is not always about recipes or languages. The Outreach Specialist for Meals on Wheels consulted with Somali Community Services and Horn of Africa about improving offerings and availability for the East African community. Meals on Wheels not only got feedback about halal meals, the program received advice about approaching East African families in a respectful way that encourages families to make use of services while honoring their own strong beliefs about providing for their elders themselves.
SNAPSHOTS IN FEEDING UNDERSERVED COMMUNITIES

Ideals Become Practice

The Hyde Shuttle team played their part in feeding older adults by expanding services to the Ethiopian, Filipino, Lao/Hmong, Latino, Ukrainian, and Indian communities to provide safe and comfortable transportation to their community sites throughout the county where they are served meals in familiar, accessible environments. Hyde Shuttle provided a foundation for their drivers and call center staff in this effort and in their overall Equity and Inclusion efforts by offering focused workshops on E&I topics throughout 2019 for all staff in the transportation programs and senior management.

MEASURING SUCCESS: DATA & TRANSPARENCY

Ideals Becoming Information

How do we know if our interventions are achieving results? The result we want at Sound Generations is to make our services available to every older or disabled adult that needs them. This entails tracking who we are and are not serving and improving outreach to communities facing barriers to access. Our numbers served in combination with demographic data on our clients demonstrates what has been done and where gaps may still reside. Our IT department has made updates to our database software to facilitate collecting this information in a way which can be tracked, sorted, and pulled to show which communities have the most access to use of our services and which communities are underrepresented in our client base.

At Sound Generations, we are accountable to our communities, donors, staff, and board. These groups are entitled to know whether our efforts are having the desired impact of reaching underserved communities. Looking at our data and being transparent about how we are using it to adapt and improve our services is a critical piece of evaluating progress and allows our local communities to help hold us accountable. Everyone deserves access and we pride ourselves in making this possible for the vulnerable populations we serve.
### Operating Support & Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants &amp; Fees</td>
<td>$10,407,102</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$2,582,125</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>$737,504</td>
</tr>
<tr>
<td>Belltown Housing Revenue</td>
<td>$194,698</td>
</tr>
<tr>
<td>Earned and Other Revenue</td>
<td>$3,091,879</td>
</tr>
</tbody>
</table>

**Total Operating Support & Revenue** $17,013,308

### Operating Expenses

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs</td>
<td>$10,830,803</td>
</tr>
<tr>
<td>Centers</td>
<td>$3,388,530</td>
</tr>
<tr>
<td>Belltown Housing</td>
<td>$199,769</td>
</tr>
<tr>
<td>Management &amp; Admin</td>
<td>$1,815,455</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$910,095</td>
</tr>
</tbody>
</table>

**Total Operating Expenses** $17,144,652

### Change in Net Assets from Operations

($131,344)

*Preliminary financials pending audit review*
Operating Support & Revenue

$17,013,308

Non-Government Support
- Fundraising
- In-Kind Contributions
- Belltown Housing Revenue
- Earned & Other Revenue

Government Grants & Fees

Operating Expenses

$17,144,652

Programs
- Centers
- Belltown Housing
- Management & Admin
- Fundraising
# OUR SUPPORTERS | FOUNDATIONS, CORPORATIONS, CIVIC ORGANIZATIONS

## $50,000+
- American Online Giving Foundation, Inc.
- Microsoft Employee Giving Program
- The Biella Foundation
- Swedish
- The Seattle Times

## $20,000-$49,999
- Emerald Heights Community Grants
- Snoqualmie Tribe Charitable Fund
- Schuler Family Foundation
- Margie Suskin Charitable Trust Foundation

## $10,000-$19,999
- Microsoft Philanthropies
- Employees Community Fund of Boeing Puget Sound
- Kaiser Permanente Community Health & Benefits
- The Boeing Company
- The Bradley Family Foundation
- USI Insurance Services
- The Muckleshoot Indian Tribe
- Paul Glaser Foundation
- Premera Blue Cross
- The Norcliffe Foundation

## $5,000-$9,999
- Office of the Secretary of State
- New Seasons Market, LLC
- Wheeler Family Foundation
- Azose Commercial Properties
- Holland America Line
- Peg & Rick Young Family Foundation
- Regence BlueShield
- Aegis Living
- Lucky Seven Foundation
- Terra Staffing Group
- The Noble Fir Foundation

## $1,000-$4,999
- Living Care Lifestyles
- Loomis Foundation
- United Way of King County
- AARP Washington
- South End Coalition
- TRUIST
- Alaska Airlines
- HomeStreet Bank
- Bayview Retirement Community
- Mattaini Family Foundation
- Washington Federal Foundation
- Canlis
- Saint Spiridon Orthodox Cathedral
- Prowess Consulting
- 4Culture
- Ballard Northwest Senior Center
- Central Area Senior Center
- City of Seattle Aging and Disability Services
- Sprague Israel Giles, Inc.
- Milliman
- Iora Primary Care
- Ben Bridge
- MadeHere
- Lake City Grocery Outlet
- Employees of Port of Seattle
- Hearing Loss Association of America Washington State
- Mary, Queen of Peace Parish
- Wilson Sonsini Goodrich & Rosati Foundation
- Aetna
- Airline Catering Co. Inc.
- Alzheimer’s Association
- Washington Chapter
- Community Health Plan of Washington
- Frederick Stearns Foundation
- Highline Internal Medicine
- Lovsted Family Charitable Foundation
- Perkins Coie Foundation
- Richard & Maude Ferry Foundation

## $500-$999
- Chandler Asset Management
- Northwest Charity Donation Service
- SASH Realty
- Cairncross Hempleman
- Fire & Vine Hospitality
- Seattle Foundation
- Transmark Logistics
- Facebook
- AmazonSmile Foundation
- Bristol-Myers Squibb Foundation
- Costco Wholesale Workplace Giving
- Renaissance Seattle Hotel
- American Slavic Women’s Club
- Grand Hyatt Seattle
- Spokane Valley United Way
- Strategies 360, Inc.
- The Marcia Paulsell Zech Foundation
- Willman Crowley Foundation
- Sisters of Providence St. Anne Community
<table>
<thead>
<tr>
<th>OUR SUPPORTERS</th>
<th>INDIVIDUALS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$10,000+</strong></td>
<td></td>
</tr>
<tr>
<td>Anonymous</td>
<td>Richard and Susan Fade</td>
</tr>
<tr>
<td>Denis Bryant</td>
<td>Renaissance Charitable Foundation, Inc.</td>
</tr>
<tr>
<td>Doug Edlund &amp;</td>
<td>Jeannie and Bruce Nordstrom</td>
</tr>
<tr>
<td>Catherine Boshaw</td>
<td></td>
</tr>
<tr>
<td>Katrina Russell &amp; Jeff Lehman</td>
<td></td>
</tr>
<tr>
<td>Steven Schickler &amp; Belinda Stern</td>
<td></td>
</tr>
<tr>
<td>George Arnold Smith &amp; Betty Louise Hurd Smith Charitable Fund</td>
<td></td>
</tr>
<tr>
<td>Jim Wigfall</td>
<td></td>
</tr>
<tr>
<td><strong>$5,000-$9,999</strong></td>
<td></td>
</tr>
<tr>
<td>Anonymous (6)</td>
<td>Alayne &amp; Michael Fardella</td>
</tr>
<tr>
<td>Jim &amp; Marie Borgman</td>
<td>Bernard E Goldberg Foundation</td>
</tr>
<tr>
<td>Gagan &amp; Rashmi Chopra</td>
<td>Richard and Nora Hinton</td>
</tr>
<tr>
<td>Ben and Ginger Hansen</td>
<td>Gretchen &amp; Russ Keithly</td>
</tr>
<tr>
<td>Darryl Price and Wendy Graff</td>
<td>Ina Tateuchi</td>
</tr>
<tr>
<td><strong>$1,000-$4,999</strong></td>
<td></td>
</tr>
<tr>
<td>Anonymous (6)</td>
<td>Colleen Daly</td>
</tr>
<tr>
<td>Willie and Dorothy Aikens</td>
<td>Barbara Davidson and Charles Dudley</td>
</tr>
<tr>
<td>Katharyn Alvord Gerlitch Fund</td>
<td>Dawson-Stairs Fund</td>
</tr>
<tr>
<td>Balciunas Family Charitable Fund</td>
<td>Joanne Donohue</td>
</tr>
<tr>
<td>Raimund Belgardt</td>
<td>John and Linda Drake</td>
</tr>
<tr>
<td>Trina and Dennis Bortko</td>
<td>Mr. Thomas C. Easton &amp; Ms. Karen Easton</td>
</tr>
<tr>
<td>Jean &amp; Robert Bowman</td>
<td>Barbara Follett</td>
</tr>
<tr>
<td>Robert and Claire Brine</td>
<td>Anne and John Fontaine</td>
</tr>
<tr>
<td>Carroll Bryan</td>
<td>Rosemary Forte</td>
</tr>
<tr>
<td>La Tasha &amp; Tony Byers</td>
<td>Catherine Foss and Michael Noakes</td>
</tr>
<tr>
<td>Byers Family Fund</td>
<td>Frederick Foster Trust Fund</td>
</tr>
<tr>
<td>Carla Calogero</td>
<td>Jay &amp; Susan Fredericksen</td>
</tr>
<tr>
<td>Paul Cassella</td>
<td>Megan Fromm</td>
</tr>
<tr>
<td>Janet Ceballos and Nitin Baliga</td>
<td>Jane &amp; Richard Gallagher</td>
</tr>
<tr>
<td>John and Nancy Chilcote</td>
<td>Jamie &amp; Kyle Gardener</td>
</tr>
<tr>
<td>John Cogley</td>
<td>Kerry Gates-Nunn and Matthew Nunn</td>
</tr>
<tr>
<td>Joshua Cooper</td>
<td>Shelley and David Gere</td>
</tr>
<tr>
<td>Heidi &amp; Patrick Cosentino</td>
<td>Robert Gerth</td>
</tr>
<tr>
<td>Emilie Coueignoux</td>
<td>Carol and Tal Godding</td>
</tr>
<tr>
<td>Steve and Patrice Cox</td>
<td>William and Marjorie Griffin</td>
</tr>
<tr>
<td>Dave and Mona Cryan Giving Fund</td>
<td>David Haack and Edward Ruar</td>
</tr>
<tr>
<td>Kimberly Cummings</td>
<td>Erika Haas</td>
</tr>
<tr>
<td>Cutler Foundation</td>
<td>Phyllis Harper</td>
</tr>
<tr>
<td>Steve Dahlberg</td>
<td>Carol &amp; Jeff Harrang Fund</td>
</tr>
<tr>
<td></td>
<td>Ed and Jan Harstein</td>
</tr>
<tr>
<td></td>
<td>Hartman Giving Fund</td>
</tr>
<tr>
<td></td>
<td>Patricia Hayes</td>
</tr>
<tr>
<td></td>
<td>Cheryll and Douglas Hill</td>
</tr>
<tr>
<td></td>
<td>Sarah Holberg</td>
</tr>
<tr>
<td></td>
<td>Hostek Charitable Fund</td>
</tr>
<tr>
<td></td>
<td>Steven Huff</td>
</tr>
<tr>
<td></td>
<td>Barbara Innes</td>
</tr>
<tr>
<td></td>
<td>Jodi Jamieson</td>
</tr>
<tr>
<td></td>
<td>Carla Jensen</td>
</tr>
<tr>
<td></td>
<td>Allen E. Johnson Fund</td>
</tr>
<tr>
<td></td>
<td>Claudia A. Kaelin</td>
</tr>
<tr>
<td></td>
<td>Thomas and Deborah Kennedy</td>
</tr>
<tr>
<td></td>
<td>Gabriel &amp; Sarah Kettler</td>
</tr>
<tr>
<td></td>
<td>David &amp; Doreen Keyes</td>
</tr>
<tr>
<td></td>
<td>Reiley &amp; Deborah Kidd</td>
</tr>
<tr>
<td></td>
<td>Carol Kiene</td>
</tr>
<tr>
<td></td>
<td>Molly and Paul Kledzik</td>
</tr>
<tr>
<td></td>
<td>W.M. Kleinenbroich</td>
</tr>
<tr>
<td></td>
<td>Daniel J. LaFond</td>
</tr>
<tr>
<td></td>
<td>Gary Larson and Toni Carmichael</td>
</tr>
<tr>
<td></td>
<td>Susan Lee</td>
</tr>
<tr>
<td></td>
<td>Kevin Lennil</td>
</tr>
<tr>
<td></td>
<td>Barbara &amp; Matthew LePage</td>
</tr>
<tr>
<td></td>
<td>Joseph Lewis</td>
</tr>
<tr>
<td></td>
<td>Walter Liang</td>
</tr>
<tr>
<td></td>
<td>Rory C. Livesey</td>
</tr>
<tr>
<td></td>
<td>Craig Lorch</td>
</tr>
<tr>
<td></td>
<td>Patricia Love</td>
</tr>
<tr>
<td></td>
<td>Matthew Lyons and Nancy Higuera-Lyons</td>
</tr>
<tr>
<td></td>
<td>Keith Magnuson</td>
</tr>
<tr>
<td></td>
<td>Michael Mayes</td>
</tr>
<tr>
<td></td>
<td>Judy Meleliat &amp; Reilly Jensen</td>
</tr>
<tr>
<td></td>
<td>The Catherine &amp; Ravi Menon Fund</td>
</tr>
<tr>
<td></td>
<td>Anena &amp; Anthony Metoyer</td>
</tr>
<tr>
<td></td>
<td>Donald C. Miller &amp; Susan A. Miner Charitable Fund</td>
</tr>
<tr>
<td></td>
<td>Janet Mills &amp; John Klippert</td>
</tr>
<tr>
<td></td>
<td>Suma Mondal and Arijit Tarafdar</td>
</tr>
<tr>
<td></td>
<td>Alfred Moy</td>
</tr>
<tr>
<td></td>
<td>Bruce and Carleen Naito</td>
</tr>
<tr>
<td></td>
<td>Nothingmore Fund</td>
</tr>
<tr>
<td></td>
<td>Barbara &amp; Rodney Nuss</td>
</tr>
<tr>
<td></td>
<td>John O’Brien &amp; Angela Hayes</td>
</tr>
</tbody>
</table>
OUR SUPPORTERS | INDIVIDUALS

$1,000-$4,999

Jeffrey Ofelt & Wade Weigel
Ronald & Marilyn O’Neel
Cheryl Perazzoli
Cecille & Douglas Phillips
Elizabeth Pisano
Daniel Reeves
Ginger Reeves
MaryAnne Reichle
Dolores Reid and Mary Tomlinson LDR Giving Fund
Rachel M. Ruggeri
Barbara Russell
Craig and Linda Saddler
Joneil Sampana & Sinae Cheh
Ann Sauer & Richard Ladner
Donna and Joel Schmidt
Jeff and Martha Sherman
Patricia Siggs
Mel Simburg
Paul Sivesind
Ingrid and Hans Skacel
Laurie and Jerry Slater
The Paul Song Fund
Robert W. Stafford, Jr.
Mark & Debbie Stensager
Malcolm Stirton
Cindy & Greg Swent
Shelley Thompson
Sally M. Thomson Fund
Dace Trence and Claude Benavides
Peter and Inna Varnavski
Maria Villa
Mr. Arthur Wahl
Donna M. Wallace
Vincent & Beatriz Wallace
James Way
Darla W. Wendel
Pauline Woodman
J. E. Woods and L. M. Arango
Ralph Zeiba and Dolores Garbush
Sylvia and Charles Zittel
The Mike and Les Weppler’s Believers Fund
Donald & Mary Weickowicz
Harold Wiggers

$500-$999

Anonymous (16)
David A. Aggerholm
Thomas F. Ahlers
Susan I. Allen
Anna Anderson
Karen Apelman
Vern and Robert Avery
Daniel R. Baggen
Robert & Roxanne Baker
Sherry Barchus
Maria Bariantos
Carol Barr
Patricia J. Barthe
Tim Bates and Susan Hamilton
Cliff and Anita Bechtel
Maren and Dale Bedal
Janet C. Benson
Mindy S. Berg
Wayne W. Bitterman
Cecilia M. Bitz
Brittany Blue
Willie and Julie Blue
Carolina Boler
James & Madeline Briody
Dorothy & William Brown
Kathleen E. Burgess
Jay & Rebecca Buxbaum
Ron Calkins
George & Audrey Campbell
Malcolm Campbell
Alan Carter
Guillermo Castro
Marcia and Matthew Christian
Gretchen Claffin
Tonya and Dana Coburn
Cheryl Coleman
Ann Collin
Cheryl Cromer
Mrs. Julia & Mr. Charles Cutting
Roxanne Davis
Krijn and Judy de Jonge
Paige & Steven Denison
Diane Diaz
Margaret Diggs
Kristen Dimlow
Devine Edgerton
Charitable Account
Linda Edstrom
Mr. John Ellis
Patty Emerson
Mary Ann & Thomas Englert
Georgette & Robert Essad
Charitable Gift Fund
Lyle Evans
D. Vaughan & Lynne Evans
John Everett
Fancher Family
Charitable Fund
Kristin J. K. Ferguson
Susan Findley & W. Robert Findley
Oren Fix
The Kathryn Fleischer & David M Stein Fund
Anne M. Flowers
The Virginia C. Forte Charitable Fund
Laureen France
Deborah Freng and Joseph Decuir
Elizabeth Friedland
Sally Friedman
Ellen H. Galeno
Lauren Gardner
Stephen Garratt
Catherine Goethals and Thomas Goodwin
Kathleen Golden
Janice Granberg
Joseph & Jerrilou Grillo
Ms. Joy Grosser
Emily R. Hansen
Kevin & Margaret Harbol
Kathleen Hargrave
Annie Harper
Mr. and Mrs. James Haufle, Jr.
Jocelyn B. Helm
Hemmingsen Giving Fund
David Hilby
William Hill
W. Ladson Hinton III
Michiko Hirata
Rachael & Andrew Hitchcock
Janet Hodge
Karyn Hongsfeld
Wanda Hughes
Robert and Terri Ingram
Susan R. Irwin
Henry J. Iske
Ms. Loretta A. Ivey
Jacqueline L. Jackson
Raymond Jackson
Mary Johnson
Paul and Janet Joseph
Judith Joubert
Sing Bing Kang
Mary D. Keiter

In Loving Memory of Sally Thomson, a true gem in our Leadership Circle. She felt strongly about supporting other aging adults, who didn’t have the same resources as her. The Meals on Wheels program “spoke to her heart.” She will be missed.
May 9, 1925 - January 27, 2020
OUR SUPPORTERS | INDIVIDUALS

$500-$999

John and Gail Kelly  
Cathy Knight  
Kogan Family Fund  
Loran L. Kollmorgen  
Justin Kowalchuck  
Jodi Krause  
Alexandra & Curtis Kruse  
June Kubo  
Christin and Timothy Kulinski  
Cynthia D. Lantry  
Janet and Michael Leahy  
Barbara S. Llewellyn  
Gwen Lundberg  
Susan and Will Lutgen  
Cathy Mabee  
Jeffrey & Barbara Mandula  
Marida Manning  
Dorothy W. Mason  
Scott Massey  
Melvin Matsui  
Loreele McGinness  
Alex McKenna  
Susan & Alan McRobert  
Sharon Meehan and Duff Kennedy  
Shirley & Donald Mehrer  
Frank M. Mercker  
John & Irene Meulemans  
Linda Meyer  
Richard Michelson  
Amy Miller  
George A. Miller Jr.  
Jennie Miller  
Leslie Miller  
Patricia Miller  
Eileen Miller-Bauer  
Minicucci Charitable Gift Fund  
Elisabeth & James Moore  
Douglas H. Moreland  
Roger Morris  
Byron and Betty Moye  
Michael Nelson and Louise Durocher  
Craig C. Nelson  
Lynn and Matt Nichols  
Craig & Deanna Norsen  
Charitable Fund  
Edward & Anthony Ogle  
Christine & Alvin Owiler  
Penny Pallechio  
Ms. Nancy Parlog  
Patricia & Neal Pedersen  
Nancy K. Pelo  
Sarah Phillips  
Daniel Piraino  
Adam and Donna Porter  
Tracy & Michelle Powers  
Stacey & Dennis Quintella  
Margeaux Rabbage  
Mona and Elmer Reed  
Esther M. Reese  
Scott Rhodes Charitable Fund  
Susie Riley  
Carmen & John Rizzardi  
Barbara Rohde  
Kenneth S. Ruud  
Jerret Sale & Rachel Klevit  
Margie Salier  
James & Laurie Sander  
Sands Family Fund  
Kathleen W. Saunders  
Lyamen Savy  
Collette & Thomas Schick  
Gloria Schulz  
Kathryn Schultz & James Bruene  
Christiana Schumann & Pyong Chol Kim  
Bennett and Fredericka Shapiro  
Karen Shaw & Larry Hohm  
Carol Sheffo  
Steven & Lisa Shennum  
Randy Silver  
Dana and Stu Simpson  
Robert and Maria Sims  
Karen Skrinde  
Robert Small M.D. and Stephanie Weil  
Gary and Janet Somers  
Mark Spatz  
Susan Stewart  
Dayna and Leif Strahan  
Jane M. Sullivan  
Mr. Rodney L. Sutton  
Stuart & Alison Swanberg  
Swanson Giving Fund  
Maria & Douglas Sykes  
Eugene Takahashi  
Karen J. Taylor  
Kimberlee Teitzel  
Erica Tiedemann & Bill Way  
Karen Tripson  
Hung Truong  
Louis and Joan Truskoff  
Kate Turpin and Michael Cvetkovic  
Mr. and Mrs. Rodney Utley  
Suzanne Vadman  
William and Donna Vanburen  
Arthur and Elsa Vetter  
Lucille Villanova and Mary Fox  
Shelli and John Vlastelica  
Clyde and Sherrelle Walker  
Kristina and Blake Walker  
Jay M. Wardle  
Donna and Patrick Welton  
Dawn Weyant  
Mark and Lisa White  
Richard and Julia Wight  
Sharman Williams  
John and Margaret Williams  
Kenneth and Rosemary Willman  
Jill Wolcott and Mitchell Olejko  
Tarl Yarber  
Lisa Yeager  
David and Patricia Yoder  
Karen Young

$250-$499

Anonymous (11)  
Steven Abitz  
Paul Adams  
M. Patrick Allen  
Carol and Harold Alley  
Deanna & James Anderson  
Ginger & Parks Anderson  
John H. Armstrong  
AYS Fund  
Robert S. Baldwin  
Terrence J and Judith A Ball Charitable Gift Fund  
Kathleen & John Barclay  
Mary Bardon  
Mr. Ryan & Karen Barnes  
Linda M. Barnes  
Scott & Theresa Barton  
Michael Bauman and Tamar Wolf  
JK Bauman Charitable Fund  
Randolph Baunton  
Paul Beck & Jacqueline S. Durgin-Beck  
Mary Kay Beeby  
Charlotte Bell-Younger and Leon Younger  
Steven Bement  
Donald & Teresa Benedict  
Irene Bernard  
Barbara H. Bertolin  
Charles & Shirley Best  
Robert and Terry Betts  
Charis Biesold  
Catherine and David Blanchard  
Ventura & Joann Blanco  
Andrea Boming  
Nina Bozicnik  
Jane A. Bradbury  
Barbara Brennan  
Pamela & Thomas Brown  
John Brusati  
Jack and Barbara Bryce  
Sarah Burns  
Elizabeth Burrows  
Ms. Linda Bush  
Leo Butzel and Roberta Reaber
OUR SUPPORTERS | INDIVIDUALS

$250-$499

Jennifer and Christian Cabanero
Philip M. Calder
Vincent & Debbie Capelli
E. Anne Carr
Michael and Meg Carrico
Casseday Consulting
Dolores Castle
Randy and Sheryl Castro
Glenda L. Chambers
Mary Charvat
Lori Chase & Robert Franz
Carol L. Cherry
Toni Chesneau
Ophelia and Kon Chin
Stan and Elise Ching
Anna A. Christ
Christine’s Charitable Giving Fund
Grant T. Chyz, D.D.S.
Stacie and John Clardy
Mr. Robert Clore and Julia Wolf
Jill Conner
Rachael Contorer
Ms. Diane Cottam
Pamela and Michael Courtnage
Kathryn Cox-Czosnyka and Phillip Czosnyka
Christina & Dennis Crabb
Garry and Kathryn Crane
Meredith Culp Barnas & Richard Barnas
Pearl Ann & Randall Curran
Lesly Curtis
Theodore & Barbara Daniels
Richard & Patricia Daniels
John and Annie Davis
Eileen De La Cruz and Todd Gunderson
Karel Deibel
Donna Dodd
Susan Doerr and Tim Sullivan
Kati Dunn
Beth Dwyer and William Castillo
Deborah Dwyer
Elizabeth Ekstrom
Janet and Bud Elliott
Linda Elsner
John Erickson
Laurie Erickson
Joanne R. Euster
Delmar and Sandra Fadden
Carol & Bobbi Faucette
Dian Ferguson
Michael J. Fies
Tina and Jon Fifield
For the Glory of God Fund
Marcilyn Foster
Darlene Fox
Veronica Freitas
John Fry
Anne S. Galt
Stanley and Debra Geddes
Clarence R. Gillett
Raymond Glew
Shirley Goll
John Golliet
Joan Golston
Slade Gorton
Connie Gowin
Joan Graham
Dean A. Granholm
Gregory & Kathi Gratz
Sarah & Kenneth Gray
Laurie A. Gray
John Griffen
Gail and J. Trenholme Griffin
Lisa Griswold
Debbi and Tim Griswold
James Groh
Bruce Gross
Katherine L. Gudgel
Robert L. Gunning
Anna Haaland
Waverly & Allen Hagen
Roy Hamrick
William Happ
Linda K. Harding
Alexandra Harmon
John and Kimberly Hart
Allison and Danny Hatch
Matthew Hayes
James and Pat Hearn
Bernice R. Hecker
Charles Heffernan and Roberta Newell
Bettie R. Heinsheimer
Tracey Hepner
Eva Herring
Nova Herzog & David Sizer
Hill Family Fund
Emily Ho
Ray & Rhonda Holmdahl
J. Marilyn Holstad
Leslie and Glen Holt
Pamela M. Hopkins
Patricia and Keith Horton
Barbara Howell
Heidi Hutchinson
Mary & Wayne Jackson
Stephen J. Jackson
Chris Jacot-Medhurst & Thomas Medhurst
Thomas Jaime
Linda L. James
Nancy Jensen
Aimee and Richard Jones
Sabrina Jones
Jones Family Fund
Elizabeth & Auden Kaehler
Joseph and Gail Kaltenbacher
Dale & Norman Kaneko
Mary Kastner
Dorothy & Robert Keller
Mary Jo & Brian Kemper
Kathleen E. Kemper
Akiko Kikuchi
Florentino Kimpko
KB Charitable Fund
Patrick D. Kirkbride
Diane & W. James Kreisman
Lawrence Kreisman and Wayne Dodge
Kathlyn and Lawrence Kripps
Shareen Kruse
Robert Kuhner
William Lageman
Jennie R. Laird
Dickson Lam
Diane Lampe
Steve Landau
Rachelle Lane
Pamela Lang
David Langworthy
Susan Lapidus
Mary Lou & William Laprade
Kathleen Lavalle
Marie and Jack LeCompte
Lester and Kathleen Lee
Daniel C. Lee
Sylvia Lekky
Debra Lennon
Carol and George Levin
Daniel Liddell
Maria and Thanh Lieu
Michael and Nancy Ligon
Brian Linnell
John D. Loftstedt
Garry Lund
Bruce J. Lurie
Mary & Wladyslaw Lustofin
Leo Lyons
Edith Maffeo
Kevin Majeau and Karin Fosberg
Naomi Manabe
Jocelyn March
Richard Marshall
Paula Marter
Heather Mathews
Dan and Sue May
Lynne and Frank McCaslin, III
Vilma & Michael McComsey Judy McGinnis
Jennifer McKinney
Allen and Janet McNaughton
Bonnie & Edward Mecum
Ann and James Mercer
Kathy and Robert Mierow
Ronda Lagerberg Miller
and Brad Miller
Elizabeth & Stewart Miller
$250-$499

Craig Miller
Catherine & Bruce Mirkin
Muriel Mitchell
Sherrie and John Moore
Ted Morehead
Max Morgan
Brian Morrison
Gary Mudd
Daniel & Kathleen Mullin
Dr. Michael Mulroy & Ms. Barbara Kimm
Annette & Gordon Mumford
National Christian Foundation Northwest
James and Susan Neff
Denise and Van Nelson
James Nesbitt
Julee M. Neuhart
Edsel & Lorraine Newman
Christine P. Newton
Karen & Jeffrey Nichols
Jeanne & Mahlon Nichols
Berta Nicol-Blades and William Blades
Dolores Njos
Robert W. Norick
Ethan Norris
Michael Oliver
Janice K. Olson
Tobian J. Oppenheim
Dr. Gordon Orions
Jerry Orr
Carol Orwell
Mark Oswald
Sarah Owens
Robin D. Ozerkis
Alma G. Patton
Daniel & Sandra Pavelich
Karen and Howard Pearl
Bobby & Curtis Pearson
Darlene Peterson
Beth and Barry Peyton
Timothy K. Pfeiffer
Arlene Phillips
Pam Piering & Don Hopps
Nancy and Peter Pitarys
Joan Poliak
John Policar
Judy Poll
Susan and Jerry Posten
Gerald and Donna Price
Mollie Price & Dennis Kim
Scott Prickett
Dean L. Quigley
Maria and John Ray
Melchior Raz
Romell Reed
Melanie & Andrew Renk
Mary Rhyner-Saulnier & George Saulnier
James G. Richards
Katherine Richey
Lawrence Roalsvig
Dorothy Roat
Helen Roberts
Robison Family Fund
Carlos Rojas
Patricia Roome
Susan and Mark Ross
Laura and Phillip Rotta
Alen & Jasna Rustempsac
Susan & Daniel Saarinen
Joneil Sampana and Sinae Cheh
Georgiann Sampson
Lawrence & Meyrlee Sangder
Sandra Scatena
Elizabeth & John Schaecher
K. Warner Schaie and Sherry Willis
Monique Schreiber and Simon Ranger
Michael & Mary Schultz
Helmut and Eli-Karin Schweiger
Gene and Purita Scott
Margaret & Lee Scovorn
Georganne Seebeck
James and Susan Seiber
Joyce Sellers
Marilyn Severson
Harshvardan and Hemalata Shah
Braden and Linda Shallenberger
Ronald and Margaret Shapiro
Camille Shea
Kenneth Simmons
Carol Sinape
Gary and Janet Skinner
Katherine Smaga
Jerry Smith
Loretta A. Smith
Richard Smith
Christine A. Smith
Iris and Mark Smith
Lynn and Bruce Bradley
Lilyan and Donald Snow
Carol and Robert Sotnik
Joseph & Gloria Sparks
Cynthia & Steven St. Clair
Debra A. Stafford
John Startzel
Diane Staub & Richard Caruana
Marjorie Stearns
Diane D. Steen
David & Patricia Stensel
Jane Stevens and Jerry Zimmerman
Donald Stickles
Jeremy & Melissa Stone
Margaret A. Sundberg
Ms. Sharon Swift
Amy Szyszko & Patrick Strafer
Katherine Taylor
Carlye Teel
Diane and Stanley Thomas
Stuart Thomson
Karen and Michael Thorp
Jennifer and Bill Thrower
John and Anne Trench
Thomas Truevell and Judith Pauwels
Darcia and Gary Tudor
Mrs. Donna Turner
Mary Tyminski and Don Rider
Edward Vervoort
Diana Waddell
Lenore Waldron
Michael and Kathleen Wallace
Lila J. Walther
Walt and Ida Washington
Robert and Phyllis Watters
Wei Tullio Fund
Mrs. Elizabeth Wery
Mary West
Annette and Monte Whitbeck
Mrs. Robin Wilcox
Willner Giving Fund
Roxanne Willson
Valerie Winslow
Wires Family Fund
Deanne Witt
Bruce K. Wood
Linnea Wood
Ms. Shirley and Brian Wright
Katherine and Nathaniel Yocom
Joyce and Gary Yost
Nancy Young
Mona E. Yurk
Marie R. Zgraggen
Joy L. Ziemann
Thank you to our 2019 Positive Aging Partners—a passionate and determined group of supporters that make monthly or quarterly gifts throughout the year. Our Positive Aging Partners are creating sustainable change in our community for older adults and those who care of them.

Alexa A. Vasquez  
Alicia Sprague  
Alita Shaw  
Amado & Rose Hernandez  
Amy & Sebastian Delachica  
Andrew Ellis  
Anne Steele  
Anne T. Kannapell  
Bart Nijssen  
Bernadette Vinas  
Beverly Witte  
Bonnie Kuhn  
Byron & Betty Moye  
Carlos Henderson  
Carol & Jeffrey Harrang  
Carol Hopkins Sibley  
Catherine Burroughs  
Cheryl Cobbs-Murphy  
Cheryl Marland  
Christine and Alvin Orwiler  
Christine L. Kozlow  
Clara Gele  
Clarine Chipman-Green  
Dan Larson  
Daniel Duffek  
Daniel Russell & Wendy Maxwell-Russell  
Danielle Ramos  
Danielle Walsh  
Dave & Mona Cryan  
David & Elinor Vandegrift  
David & Laura Nicol  
David Nichols  
David R. Anderson  
Debbie & David McCartney  
Deeann Glamser & Donald Smith  
Donna Allen  
Donna Schill  
Doris Jennings  
Dorothy and Robert Keller  
Emmett M. Omar  
Erin Fox  
Erena Zelic  
Emelyn C. Marx  
Family Life Christian Center  
Felice Obtinario  
George Curts  
George F. Von Fuchs  
Gerald Tortorice  
Glenn M. Light  
Gregory Miller  
Griff Lambert  
Iris & Mark Smith  
Jack & Nancy Wires  
Jaime Johnstone  
Jan & John Mantle  
Jan Nesbit  
Janelle Taylor  
Jean Fielder  
Jeanne Kapsi  
Jean-Paul & Elaine Theriot  
Jennifer & Bill Thrower  
Jennifer & Timothy Potter  
Jessie Yoshida  
Joan Smith  
John Curtis  
Kammi Lopez  
Karen Doctor  
Karín Danner  
Kathleen Britton  
Kathleen & Michael Mastromonica  
Katrina Lidnin  
Keith & Michelle Sink  
Kelly Wallace-Boughter  
Kenilee Campbell  
Kimberly J. Nicholas  
Kirana Bhageshpur  
Kristene McTaggart  
Lisa Moffeit  
Loris Blue  
Mackie Latham  
Margaret Lake  
Marianne Lesueur  
Marilyn Spring  
Mary and Jaime Olavarria  
Mary Ann and Thomas Englert  
Mary Romeo  
Mary S. Dyczewski  
Merv and Penny Rasmussen  
Michael J. Monnahan  
Michael Shilling  
Michaela Burr  
Patricia E. Lawson  
Philip Goldenman  
Rachael and Andrew Hitchcock  
Rachel Hill  
Randee Chase  
Randy and Paula McCabe  
Richard Schroeter  
Robert and Roxanne Baker  
Robert McNamara  
Ronald and Marilyn O’Neel  
Roy and Robin Bartlett  
Saphronia Headrick  
Selah G. Rose  
Sergio Chahud  
Shaunak Bhatt  
Sonya Wilkins  
Stephanie Dewet  
Stephen Forman  
Stephen Kaufman  
Steven Blau  
Steven Larson  
Susan and Lowell Sever  
Sylvia Lucas  
Tallis King George  
Theresa and Andrew Wilkinson  
Thomas Carmody  
Toby Langen  
Uta and Michael Tipper  
Vicki Kremers  
Wallace R. Clausen  

In Loving Memory of Mary Jane Nelson, who was a Positive Aging Partner for 8 years.
In Honor

Alice Korsgaard
David and Leanne Durham

Beatrice Conry
Camille Blanchette

Bob Graham
Doug Graham

Carol Godding
Elaine DeLappe

Dick Hinton
William and Cherul Papesh

Evelyn Riordan
Seana and Steve Vissotzky

Florence Hamacher
Beth Bentrott

Ida Wilker
Mary A. Soule

Jesus Christ
Janet and Melville McIntyre

John and Anne Kaiser
Pamela Strong

John Langlais
Karen Berg-Moberg

Jon Fox
Erin Fox

Kathy Fletcher-Diaz
John Fletcher

Marshall Booker
Patricia Miller

Matthew Bayer
Darlene Galvan

My Mother and Father
Elaine Erickson

My Parents
Britta M. Bowman

Nora Fisher
Robert and Judith Brooks

Pat Moen
Jeanne Nadreau

Rick Sever
Roger and Ann Luce

Rose Rustin
Deborah A. Rustin

Selma and Vernon Ness
Vernetta and Thomas Hiatt

Shirley Patterson
Lynn and Matt Nichols

Virginia and Pete Stangell
Nancy Wanamaker

In Memory

Alice Albert
Beth A. McDaniel

Archie Graham Greenlee
John Von Reis

Bette E. Dwyer
Deborah Dwyer

Betty F. Abbey
Carolyn Trulson

Betty Keck
Christie L. West

Beverly Ann Aasen
Jerome Aasen

Beverly Lang
Alice and Curtis Fleck

Billie Carroll Luther
Lynn & Lucy Luther

Brian Pattinson
Jane Pattinson

Bud Busser
Alvin & Patricia Busser

David Kemle
Beth A. McDaniel

Doris Dunn Ryder
Karen J. Taylor

Dr. Alden Parker
Andrew & Hannah Parker

Eddie and Minnie
Nancy E. Spangler

Edith
Leonard Root

Edward Wypych
Sandra McLees

Ella Barr
Marlene Houchens

Eloise Ching and Bernadette
Nakahata

Esperonza Maldonado
Imelda and David Cossette

Ernestine Cox
Stephanie and Gregory Alexander

Faith Saunders
Kathleen W. Saunders

Fran Brown
Roxanne Willson

Garry Telford
Lois Telford

Goldie Steel
Tonia and Dana Coburn

Hank Wandler
Debra Behrens

Harry and Selma Lit
Mary and Wladyslaw Lustofin

Hilda Guldseth
Alexis and Harvey Greenberg

Jean Haas
Erika Haas

Jim Coleman
Cheryl Coleman

Johanna May
Cynthia May

John Langlais
Kimberly Trapp

John Langlais
Mary Anne & Lance Amone

Jane Crum
Terry & Catherine Edwards

Patricia Fogerty
Neil Hansen

Maria Langlais
Timothy Passon

Doe Solaro

Lydia and Stefan Golston
Joan Golston

Lynn Ward
Kimberly F. Chun

Mabel Avery
Vern and Robert Avery

Mabel Freda White
John White

Margret Camarda
Vincent P. Camarda

Mary Lou Benson
Marta Taggart

Merlyn Nellist
Donna J. Nellist

Mother
Dan and Sue May

Mrs. Abbie D. Ivey
Ms. Loretta A. Ivey

Nita Reinhart
Christie L. West

Nonie
David and Pamela Dack

Patches & Parker
Lynn E. Stephens

Rev. Joseph Kramis
Helen Kutz

Richard and Neal Ferguson
Dian Ferguson

Robert M. Hitchens
Amy Hitchens

Sergio
Patricia MiraLda

Steve Freund
Beth A. McDaniel

T.A.J.E.B.
Ron Calkins

Tammy Chan
Joanna Chau

Teresa Pankiewicz
Sharon Dreimiller

Trudy Piraino
Daniel Piraino

Ward and Frances
Julia Dean

William Webb
Diane Webb

Winston Bone
Faye Bone
Sound Generations has received GuideStar’s Platinum Seal of Transparency, demonstrating our commitment to transparency.

Follow us on social media to stay up-to-date with our mission in action!
SENIOR CENTERS & PROGRAM INFORMATION
Get In Touch with Sound Generations!

Ballard NW Senior Center
5429 32nd Ave NW
Seattle, WA 98107
206.297.0403

Lake City-Northgate Senior Center Project
12531 28th Ave NE
Seattle WA 98125
206.268.6738

Senior Center of West Seattle
4217 SW Oregon St.
Seattle, WA 98116
206.932.4044

Shoreline- Lake Forest Park Senior Center
18560 1st Ave NE #1
Seattle, WA 98155
206.365.1536

SHIBA
206.727.6221

Meals on Wheels
206.448.5767

Community Dining
206.727.6248

Hyde Shuttle
206.727.6262

Volunteer Transportation
206.448.5740

Pathways Information & Assistance
206.448.3110

Health & Wellness
206.448.5725

Caregiver Support
206.448.3110

Minor Home Repair
206.448.5751

SHIBA
206.727.6221

Senior Rights Assistance
206.448.5720

info@soundgenerations.org
We support people on their aging journey through community connections and accessible services. We envision a just society where aging adults and those who care about them can live their best lives in a supportive and caring community.

Don’t forget to nominate an inspiring older adult for the Inspire Positive Aging Awards by May 8.