



South Hospitals
Highline
Valley Medical
St Francis
MultiCare Auburn
St Elizabeth's

**Sound Generations
Pathways Assistance Line**
206-448-3110

Call #211 for general info

South King County Fall Prevention Resource List

Home Health Agencies

Name: Kline Galland Home Health
Areas Served: King County
Phone: (206)-805-1930
www.klinegalland.org

Name: Assured Home Health
Areas Served: King/Snohomish County
Phone: (206)-364-1484
<https://lhcgroupp.com/locations/assured-home-health-of-seattle/>

Name: Evergreen Home Health
Areas Served: King/Snohomish County
Phone: (425)-899-3300
www.evergreenhealth.com/

Name: Right at Home
Areas Served: King/Snohomish County
Phone: (425)-369-4044
<https://www.rightathome.net>

Vision Resources and Durable Medical Equipment

Sight Connection
929 N 130th St, Suite 3
Seattle, WA 98133
(206) 525-5556
<http://www.sightconnection.org>

Wheelchair Haven
8411 Pacific Highway E
Tacoma, WA 98422-3915
(253) 926-8971
<http://wheelchairhaven.com/>

Bridge Ministries - Used and Refurbished Medical Equipment for a Donation
12356 Northup Way
Bellevue, WA 98005
425-885-1008
<https://www.soundhealthmedical.com/index.htm>

MS Donor Closet- Tacoma
3635 S. Lawrence Street, Suite E.
Tacoma, WA 98409
(253)-327-1033
<http://www.mshh-donorcloset.com/>

Outpatient Physical Therapy Clinics

Fall Prevention Clinic at Harborview
325 9th Avenue, Third Floor
Seattle, WA, 98104
Phone: (206) 520-5000
<https://www.uwmedicine.org/locations/fall-prevention-harborview>

Cascade Dizziness and Balance Clinic
120 Lakeside Ave #210
Seattle, WA 98122
(206) 925-3762
<http://cascade-dizziness.com/>

Lake Burien Physical Therapy
15811 Ambaum Blvd SW #140,
Burien, WA 98166
Phone:(206) 327-9880
<https://www.lakeburienpt.com>

Highline Physical Therapy
16259 Sylvester Rd. SW, #102
Burien, WA 98166
206-242-5186
<https://www.highlinept.com/>

Home Safety Modifications

Bath + (DME Installation and Modifications)

Areas Served: King County

866-451-2842

<https://bellevuehealthcare.com/services/installation-home-modification/>

RampArts (Ramp and Railing Installation)

Areas Served: King County

206-440-9999

<http://www.rampartsnw.com/products.html>

Sound Generations Home Maintenance

Areas Served: King County

206-448-3110

<https://soundgenerations.org/get-help/home-maintenance/>

King County EMS One Step Ahead

Areas Served: All King County except City of Seattle

(206) 263-8544

www.kingcounty.gov/depts/health/emergency-medical-services/community/fall-prevention.aspx

Senior Centers and Exercise Classes

Look for These Evidence Based Fall Prevention Classes at your Local Center



- ✓ A Matter of Balance
- ✓ S.A.I.L
- ✓ EnhanceFitness
- ✓ Otago Fall Prevention Program
- ✓ Tai Ji Quan

Federal Way Senior Center (Auburn)

4016 S. 352nd

Auburn, WA 98001

(253) 838-3604

<http://www.federalwayseniorcenter.org/>

Auburn Senior Center

808 9th St SE

Auburn WA 98002

(253) 931-3016

http://www.auburnwa.gov/things_to_do/senior_activity_center.htm

Federal Way Community Center

876 S. 333rd St

Federal Way, WA 98003

(253) 835-6900

<http://itallhappenshere.org/>

Burien Senior Center

14700 6th Ave SW

Burien, WA 98166

(206) 988-3700

<http://www.burienparks.net/index.aspx?NID=351>

Enumclaw Senior Center

1350 Cole St.

Enumclaw, WA 98022-2633

(360) 825-4741

<http://www.cityofenumclaw.net/177/Senior-Center>

Des Moines Senior Activity Center

2045 S 216th St

Des Moines, WA 98198

(206) 878-1642

<http://www.desmoineswa.gov/217/Senior-Services>

Kent Senior Center

600 E. Smith St.

Kent, WA 98031-4628

(253) 856-5150

<http://www.kentwa.gov/residents/senior-activity-center>

Pacific/Algona Senior Center

100 3rd Ave. SE

Pacific, WA 98047

(253) 929-1150

<https://www.pacificwa.gov/cms/one.aspx?portalId=11181656&pageId=11662929>

Renton Senior Center

211 Burnett Avenue North

Renton, WA 98057

(425) 430-6633

https://rentonwa.gov/city_hall/community_services/facilities/renton_senior_activity_center

Seatac Senior Program

Community Center

13735 24th Ave. S.

Sea Tac, WA 98168

(206) 973-4690

<http://www.ci.seatac.wa.us/index.aspx?page=313>

Tukwila Senior Program

12424 42nd Ave. South

Tukwila, WA 98168-3133

(206) 768-2822

<http://www.tukwilawa.gov/departments/parks-and-recreation/senior-programs/>

Vashon Senior Center

10004 SW Bank Road (P.O. Box 848)

Vashon Island, WA 98070

(206) 463-5173

<http://www.vashonseniorcenter.org>