



EXPLORE YOUR OPPORTUNITIES WITH Sound Generations' Board of Directors

Do you believe in building a community in which people of all income levels can age with dignity and respect?

Are you passionate about helping disenfranchised and marginalized groups get the resources they need?

As a member of the Sound Generations Board of Directors, you can make a huge difference in the lives of tens of thousands of older adults, adults with disabilities, and those who care for them.

Successful candidates will contribute:

- A desire to serve as ambassadors of Sound Generations and showcase our work to their personal and professional networks
- A willingness to cultivate and steward donors
- The ability to share expertise as a committee chair or member
- An avg. commitment of 8 hours/month
- A min. financial (give/get) commitment of \$2,500/year or significant gift to you
- Previous board experience desired

OUR MISSION

We support people on their aging journey through community connections and accessible services.

OUR VISION

We envision a just society where aging adults and those who care for them can live their best lives in a supportive and caring community.

EQUITY & INCLUSION STATEMENT

At Sound Generations we embrace the belief that racial and other social identities should be respected and affirmed. We are continuously building a team of staff, volunteers and board who are culturally responsive and committed to addressing institutionalized racism and other forms of oppression.

To learn more, please visit:

www.soundgenerations.org/about/equity-and-inclusion

Being on the Sound Generations Board for the past three years has been rewarding in so many ways. Every board member is both generous and committed. We celebrate our diversity and lean on each other's unique talents to govern and assist the organization's growth. It's been a joy to support staff's commitment to our aging population whose work is vital to the wellbeing of our community.

-Dana Simpson, Former Board Member



FOR MORE INFO: 206.727.6202 kalebg@soundgenerations.org soundgenerations.org



MISSION STATEMENT IN ACTION

Sound Generations is a comprehensive non-profit organization serving older adults and adults with disabilities in King County. Established in 1967, we support tens of thousands of people and those who care for them annually on their aging journey through community connections and accessible services. The following represents some of our programming:



Meals on Wheels & Mobile Market provides over 2,400 homebound elders with friendly visits, nutritious meals and household staples, while **Community Dining** serves over 3,900 older adults hot lunches in welcoming environments.



Hyde Shuttle & Volunteer Transportation provide over 3,600 individuals with over 117,000 rides to medical appointments, lunch programs, seniors centers and other local destinations.



More than 10,000 participate in **EnhanceFitness** classes. Many benefit from one-on-one counseling and classes that help with balance, pain management and mental health.



Minor Home Repair completed more than 1,600 repair jobs in 2019, helping low-income homeowners stay safe in their homes and live as independently as they would like.



1,948 people of all ages utilized **Pathways Information & Advocacy** last year to receive free, personalized help navigating local resources, understanding their legal rights, and choosing health insurance. Those caring for an adult also received help from our **Family Caregiver Support** advocates.



Our five **Community Partner Sites** throughout King County open their doors to almost 14,000 people each year.

VOLUNTEERS

From our board to our direct services, volunteers are at the heart of what we do. In 2020, 1,297 people volunteered a total of 98,436 hours, a value of more than \$1 million.

Sound Generations Board of Directors*

Board Officers

Jennifer Graves
Chair

Sumedha Kukreja
Secretary

Robert Pasterick
Treasurer

Alayne Fardella
Immediate Past Co-Chair

Cheryl Cobbs-Murphy
David Haack
Kirsten Burton
Manav Goel
Mary Do
Mary Pierce
Pamela Williams
Tracy Powers

**As of January 2022*