Do you believe in building a community in which people of all income levels can age with dignity and respect? Are you passionate about helping disenfranchised and marginalized groups get the resources they need?

As a member of the Sound Generations Board of Directors, you can make a huge difference in the lives of tens of thousands of older adults, adults with disabilities, and those who care for them.

Successful candidates will contribute:

- A desire to serve as ambassadors of Sound Generations and showcase our work to their personal and professional networks
- A willingness to cultivate and steward donors
- The ability to share expertise as a committee chair or member
- An average commitment of 8 hours/month
- A minimum financial (give/get) commitment of $2,500/ year or significant gift to you
- Previous board experience desired

"Being on the Sound Generations Board for the past three years has been rewarding in so many ways. Every board member is both generous and committed. We celebrate our diversity and lean on each other’s unique talents to govern and assist the organization’s growth. It’s been a joy to support staff’s commitment to our aging population whose work is vital to the wellbeing of our community."

Dana Simpson
Former Board Member

**OUR MISSION**
We partner with older adults to provide accessible and inclusive services so they can age their way

**OUR VISION**
We envision a responsive, multigenerational community that recognizes and fulfills the diverse and changing needs of everyone as we age.

**OUR VALUES**
Be Service-Minded
Foster Community
Uphold DEI
Lead with Compassion
Embrace Collaboration
Act with Integrity

Equity & Inclusion Statement: At Sound Generations we embrace the belief that racial and other social identities should be respected and affirmed. We are continuously building a team of staff, volunteers and board who are culturally responsive and committed to addressing institutionalized racism and other forms of oppression.

For more information, contact Kaleb Greissl at 206.727.6202 or kalebg@soundgenerations.org
Our Mission Statement
In Action

Sound Generations is a comprehensive non-profit organization serving older adults and adults with disabilities in King County. Established in 1967, we support tens of thousands of people and those who care for them annually on their aging journey through community connections and accessible services. The following represents some of our programming:

Meals on Wheels & Mobile Market provides over 2,900 homebound elders with friendly visits, nutritious meals and household staples, while Community Dining serves over 4,400 older adults hot lunches in welcoming environments.

Hyde Shuttle & Volunteer Transportation provide over 1,300 individuals with over 55,000 rides to medical appointments, lunch programs, senior centers, and other local destinations.

More than 5,700 people participate in EnhanceFitness classes. Many benefit from one-on-one counseling and classes that help with balance, pain management and mental health.

Minor Home Repair completed more than 1,000 repair jobs in 2022, helping low-income homeowners stay safe in their homes and live as independently as they would like.

1,847 people of all ages utilized Pathways Information & Assistance last year to receive free, personalized help navigating local resources, understanding their legal rights, and choosing health insurance. Those caring for an adult also received help from our Caregiver Support advocates.

Our six partner Senior Centers throughout King County open their doors to almost 6,500 people each year.

From our board to our direct services, volunteers are at the heart of what we do. In 2022, 1,283 people volunteered a total of 98,436 hours, a value of more than $1 million.

*Board as of April 2023

For more information, contact Kaleb Greissl at 206.727.6202 or kalebg@soundgenerations.org